

Week of January 25, 2021

NEWS FROM "YOUR" CENTER

EAST LONGMEADOW HIGH SCHOOL GUIDANCE, CAREER, & VOLUNTEER

The place where "YOU" connect with & create the world "YOU" want to live in!



GUIDANCE & CAREER UPDATES

JANUARY 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

UPCOMING OPPORTUNITIES

- **JANUARY:** Guidance Counselors will begin meeting with Juniors
- **1/27@7pm:** [Covid & Mental Health - Parent Night by River Valley](#)
- **1/29:** ½ DAY - END OF MARKING PERIOD 2 & SEMESTER 1
- -----
- **FEBRUARY:** Guidance Counselors will continue meeting with Juniors
- **2/11:** ELHS Guidance Dept. Junior Parent College Planning Night

GRADES 9-12



EMPLOYABILITY SKILLS

These six employability skills reflect the lifelong professional skills that are important in every job and career setting. These skills are also important in your classrooms, in your community, and in your personal life.

#1: ATTENDANCE & PUNCTUALITY

#2: MOTIVATION & INITIATIVE

- Participates fully in tasks or projects from start to finish
- Initiates interaction with supervisor for next task or project upon successful completion of previous one



DOES RAISING THE MINIMUM WAGE INCREASE INFLATION?

Raising the minimum wage has been a social, economic, and political issue for decades. With recent pushes to raise the federal minimum wage to \$15/hr some economists argue that raising the minimum wage artificially creates imbalances in the labor market and leads to inflation while others, however, note that when minimum wages have been raised, inflation did not follow. [Read more about the argument that minimum wages increase inflation vs. the argument that minimum wages do not increase inflation.](#)



THANK YOU TO OUR ELHS STUDENT VOLUNTEERS!

Sam Hanley '23 for helping with the fall cleanup at his church and for assisting a family at his church with their move.

Where have you volunteered recently?

Email Mr. Maccarini a picture or description to spread the word!



BIRTHDAY CARDS FOR COMMUNITY SERVICE

[Holyoke girl asking for birthday mail after suffering loss in 2020](#)

WORK STUDY OPPORTUNITY



WORK STUDY JOB WITH POTENTIAL FOR FULL TIME AFTER GRADUATION

Are you a senior looking for a WORK STUDY JOB with the potential to turn into FULL TIME EMPLOYMENT after graduation? Do you mind HARD WORK with GREAT PAY? If so, Clean Machine Power Washing will provide all necessary training. Contact Mark, the owner, at (413) 734-4384, or [Apply Online Here](#).

JOB OPENINGS



E.L. RECREATION DEPT JOB OPENINGS

Summer 2021 job postings for Pine Knoll Day Camp, XTREME Teen Adventure Camp, Aquatics, and more are now available. Additionally, there are **immediate openings** for the following positions: Facilities Monitor (Ice Skating Rink and Basketball Monitoring), Lifeguard, & Swim Lessons Coordinator. For job descriptions and application information, please click here: <https://elrec.recdesk.com/Community/Page?pageId=3208>

VOLUNTEERS NEEDED



E.L. OUTDOOR SKATING RINK COMMUNITY SERVICE

The E.L. Recreation Department is looking for student volunteers to supervise at the new outdoor ice skating rink at the center of town. If you are a skater you can also skate. Shifts available between 3-9pm on weekdays and 1-9pm on weekends. For more information contact the recreation department at 525-5437.



ELHS GUIDANCE DEPT SCHOLARSHIP APPLICATIONS:

- Click here: [ELHS Counseling Dept](#) → Then click on “scholarships”

SCHOLARSHIP FINDERS:

- [Fastweb](#) - [Scholarship](#) - [Naviance](#) - [Scholly](#) - [Going Merry](#)

COMMUNITY SERVICE VERIFICATION LETTER:

- Need a volunteer hours verification letter, simply email Mr. Maccarini



If you know of any additional volunteer opportunities for our students please email marc.maccarini@eastlongmeadowma.gov

COMMUNITY SERVICE RESOURCES: *grades 9-12!*

- [ELHS Volunteer Guidelines](#) - view the requirements for volunteering
- [Volunteer Opportunities](#) - view volunteer ideas & opportunities
- [Student Hours Log](#) - how many hours have you “officially” completed
- [Volunteer Documentation Form](#) - to receive credit for volunteering
students must print, fill out, & email back a picture of this form

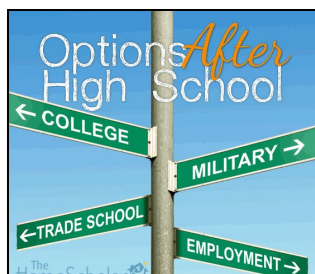
COMMUNITY SERVICE TOPIC OF THE WEEK: “THOSE IN NEED” *You can make a difference to someone in need. Reach out to an organization that builds housing for low-income families, or supports communities after natural disasters. Soup kitchens need help serving food. Help out at a garden that grows food for the hungry – or start your own. Maybe start a drive to collect food and essentials for people in need.*

Here are some websites to get you started:

- [Feeding America](#) - [No Kid Hungry](#) - [Habitat for Humanity](#) - [Open Pantry](#) - [Crop Hunger Walk](#) - [Meals On Wheels](#) - [United Way](#)

Here are some student led projects:

- **VIDEO:** Sophia created “MontanaEats,” a smartphone application she spent months coding to give low-income people easy access to information about all of the food pantries, food banks and emergency assistance resources in Montana.
- **VIDEO:** Elijah works in his community to raise awareness of child abuse and improve the lives of foster children by promoting and hosting an annual Christmas party for children in foster care.
- **VIDEO:** Caleb hands out boxes of food, toiletries and warm garments to the homeless on the streets of Detroit each year during the Christmas season, and threw a back-to-school party that provided 800 children in need with backpacks stuffed with new school supplies.
- **VIDEO:** Zachary runs an organization that collects clothing and shoes for homeless teens and raises awareness of their situation.



OPTIONS AFTER ELHS: *grades 9-12!*

- [College & Scholarship Information](#)
- [Military Information](#)
- [Trades Information](#)
- [Full Time Employment Information](#)
 - *Seniors who are not going to college be sure to contact Mr. Maccarini so you have a plan before you leave ELHS!*